

# NEWMAN CENTER

## Mental Health Night

**“Who Do You Say That I Am? Managing  
Stressors Through Identity”**

---

MAXIMILIAN LIM, LAC, CRC AND  
SHANA BURGOS-DESTEPHANIS, PHD

---

**TUESDAY 11/18/25 IN GREEN HALL @ 7:30 P.M.  
ALL ARE WELCOME!**

